

Newsletter



Volume 2, April 2015

littlechampssportsclub.com.au

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Welcome to Term 2!

Welcome back Little Champs! Hope you all had a lovely Easter Break.

Term 1 was a huge success, as the children progressed through the program. With their confidence building a noticeable difference was easily identified as they became familiar with their Coaches, their surrounds and their little friends.

In Term 2 we will be covering the same sport session over a 2 week period, week one being an introduction and week two a little more advanced giving the students the opportunity to familiarise themselves better with each sport.

All our classes will continue to include the obstacle course with the introduction of a Personal Best log. Throughout Terms 2 & 3 we will intermediately record and monitor our Little Champs jumping, throwing and running times and recording it for their benefit and progression.

Little Champs Sports Club Building skills for a brighter future



IN THE NEWS



Little Champs TV Advertisement & Photo Shoot

Would you like your Little Champ to be on our TV Commercial? Or part of the Little Champs World Wide Web?

Our Next TV advertisement for our Little Champs Members is Scheduled for Term 2 in our Hallam Hall. Please confirm your expression of interest by emailing your Child's Full Name along with their Member # to promo@littlechampssportsclub.com.au

Reminders

Don't forget to bring your child's Attendance Award along every week

Email us your photos to promo@littlechampssportsclub.com.au

And thank you to all for sending your photos through!

All photos can be found on our Websites
HOMEPAGE under Photo Gallery

WHO WE ARE & WHAT WE DO

Who we are

Little Champs Sports Club provides a fun and interactive multi sports program for preschool children. We offer a range of Educational activities in a playful and entertaining program. Our programs are designed to give young children the opportunity to learn, experience and interact with children their own age through active play. We foster self-confidence and independence whilst developing balance, co-ordination and important leadership and social skills.

Our Motto

Be a Good Sport and keep their future Active

Little Champs Sports Club Enriching Children's Lives

It is a known fact that there are many hurdles that children must face as they grow up. For example, obesity and problems socializing are two common issues facing children under ten years of age. Little Champs Sports Club serves as a stalwart ally against all manner of problems facing children in their youth so that they are prepared to deal with them as they grow with a healthy background. Serving children from 16 months to 6 years old, we offer a means for children to be physically and mentally fit.

Appealing To Fitness

The major goal of Little Champs Sports Club is creating physical fitness in children while they are young so that their habits carry over into adulthood. The government recommends that each child has at least an hour of intense physical activity so that they can maintain their health, with increasing amounts as the child ages.

Since Little Champs understands that fitness needs to be introduced in a fun and safe way, we have a variety of activities that children can take part in so that they can find an activity they can love for life. Some of the fitness activities include soccer, rugby, tennis, and basketball- all of which are taught rules first so that every child is safe.

The result of these sports activities are increased cardiovascular fitness, strength, reduction of the possibility of obesity, and stronger muscles. These abilities will translate into better abilities and more willingness to participate in sports as they grow older.

Mental Skills

Little Champs emphasizes fitness of the mind as well as the body giving your children a head start on developing these skills or simply reinforcing them so that they can be perfected.

Little Champs Sports Club isn't just another multi sports program, we also offer an educational aspect to it, enriching young children's minds all through active play. Our program is designed to stimulate their minds changing it up frequently to keep them engaged and improve their mental acuity to respond quickly to changing situations and numeracy.

Making More Sociable Children

Another one of the problems that are facing young children is their increasing wariness when it comes to speaking and working with other children. This has been seen as the result of a more technologically-oriented society, but it can be remedied in a setting like the one offered by Little Champs Sports Club. Exposing your children to the ideas of social interactions while they are young makes them more equipped to be successful with them in the future.

Working as a team towards common goals allows them to build the confidence to lead their team. It can also teach them how to follow instructions from the Coach on site, as well as see the value that other children's ideas may have. In turn, your child will learn teamwork, confidence, and that not coming first is acceptable and serves as a way to examine your personal skills.

These are all social skills that every child needs to have if they want to pursue higher levels of physical and mental fitness as they grow older. This formidable combination of mental, physical, and social health can lead to a well-adjusted child who is prepared to be successful when they enter school.

Little Champs Fitness

Offering either Casual or Term classes Little Champs offers fitness programs that are available almost all year round. They do this because they are dedicated to providing their clients and their children with the ability to exercise and learn as often as possible. Each one of the different term dates has a variety of activities that punctuate the different skills that are covered.

Since each term brings together so many children who come to view one another as teammates and friends, the end of the term comes with a small celebration of their accomplishment. There is a class photo taken and a presentation ceremony that is meant to commend the children on their dedication.

A Growing Trend

Little Champs Sports Club represents a growing trend in early childhood fitness. More parents are finding that they want their kids to get involved at an early age. While many people are very willing to engage their children in physical and mental fitness, some parents may want to see what this sports club has to offer. That is why Little Champs Sports Club offers trial classes so that you can see what they are all about.

The fact of the matter is that it is never too soon to have your child learn about the importance of sports, safety, rules, and getting along with other people. Not only will the children learn about how to increase their fitness, they also learn how to be better people as they continue to grow.

Don't forget to like us on [facebook](#) for exclusive promotions.

CALENDAR OF EVENTS



Times & Locations

Monday	09:25am	Hallam Recreation Reserve Hall
	10:10am	118-126 Frawley Rd,
	11:00am	Hallam
Tuesday	09:25am	Tooradin Public Hall
	10:10am	11 Tooradin-Station Rd,
	11:00am	Tooradin
Wednesday	09:25am	Cranbourne Public Hall
	10:10am	Corner Clarendon & High Streets,
	11:00am	Cranbourne
Wednesday	02:00pm	Dingley Village Community Hall
	02:45pm	31B Marcus Rd,
	03:35pm	Dingley Village
Thursday	09:25am	Pearcedale Community Centre
	10:10am	710 Baxter-Tooradin Rd,
	11:00am	Pearcedale
Friday	09:25am	Dingley Village Neighbourhood Centre
	10:10am	31B Marcus Rd,
	11:00am	Dingley Village

School Terms

Term 1	(8 Wks)	2 nd February	– 29 th March
Term 2	(11 Wks)	13 th April	– 28 th June
Term 3	(10 Wks)	13 th July	– 20 th September
Term 4	(10 Wks)	5 th October	– 13 th December

Public Holiday Makeup Days

If you are enrolled in any of the following days, please schedule a day in lieu via our [**Contact Us**](#) page

Monday	8 th June	Queen's Birthday
Tuesday	3 rd November	Melbourne Cup

Public Holidays the year ahead...

Saturday 25 th	April	Anzac Day
Monday 8 th	June	Queens Birthday
Tuesday 3 rd	November	Melbourne Cup
Friday 25 th	December	Christmas Day
Saturday 26 th	December	Boxing Day
Monday 28 th	December	in lieu of Boxing Day

VIC	2015			
	Term 1 2-Feb 29-Mar (8 weeks)	Term 2 13-Apr 28-Jun (11 weeks)	Term 3 13-Jul 20-Sep (10 weeks)	Term 4 5-Oct 13-Dec (10 weeks)
WK1	Tennis	Tennis	Athletics	Tennis
WK2	T-Ball	Tennis	Athletics	T-Ball
WK3	Cricket	T-Ball	Aussie Rules	Cricket
WK4	Basketball	T-Ball	Aussie Rules	Basketball
WK5	Aussie Rules	Mini Olympics / PB Trials	Mini Olympics / PB Trials	Aussie Rules
WK6	Rugby	Cricket	Rugby	Rugby
WK7	Soccer	Cricket	Rugby	Soccer
WK8	End of Term Activities Class Photo & Presentation	Basketball	Soccer	Athletics
WK9		Basketball	Soccer	Mini Olympics
WK10		Mini Olympics / PB Trials	End of Term Activities Class Photo & Presentation	End of Year Activities Class Photo & Presentation
WK11		End of Term Activities Class Photo & Presentation		

*All Sessions Include a combination of Athletics and or assorted games

Happy Birthday Little Champs!



March 4th Lucas
 March 24th Jayden
 March 31st Joshua
 March 31st Cooper

April 15th Luke
 April 20th Leon

May 4th Asha
 May 5th Jazz
 May 11th Jobe
 May 20th Jonah
 May 22nd Aiden
 May 27th Spencer
 May 29th Layla



Little champs Parties Fun for Everyone!

Planning for a party? Our experienced staff will come to make your little champs party extra special! We provide two sports orientated games of your liking including activities to keep your little champs active and having a fun filled day!

We supply all the games and activities, all you need to do is book that special day, early bookings are essential to avoid disappointment! contact us for more information.



Welcome Song

Little Champs Sports Club
 Let's play a game
 With a clap of your hands
 Tell me your name

Team Song

Little Champs Sports Club
 Thanks for the games
 Will see you next week
 To do it all again!



Refer a Friend



Refer a friend & Receive a **FREE** Little Champs T-Shirt valued at \$17.95

Just click on **Enrol** and add referral name or Member Number including SIZE to notes section it's that easy!

Affiliations



Dr Linda Wilson
 Mind Matters
 Stress Specialist
 Ph: 59984554
 Cranbourne Family Chiropractic & Wellness Centre
 Pregnancy, Babies, Kids & Families
 cranbournefamilychiro.com.au



Parent Know How
 Raising kids with strong roots and wings to fly
Lucy Walls
 Qualified Psychologist, Early Childhood Educator | 0417 234 134



Rachel Davies
 Speech Pathologist
 (CPSP) Ba. Sp. Path.
 M.S.P.A
 askandanswer@bigpond.com | Ph: 9769 8154